Feelings come and feelings go

How do you feel today ?

8 scales of emotions start from "peace"
Please scan all the columns from down to up
Counter emotion is reflected through "peace"
Each emotion is surrounded by 24 near emotions

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mania — I'm manic >< emptiness
fanaticism — I'm fanatical >< exhaustion
lust — I'm greedy for >< inability
decisiveness — I'm determined to do >< fickleness
cosiness — it feels like home >< alienation
surprise — I'm amazed by >< shock
euphoria — I'm euphoric >< despair
joy — I'm joyful because >< desertion
creativity — I have a great idea >< depression
liveliness — I feel fresh >< stagnation
vitality — I'm fit >< symptoms
flow — I'm in full flow >< horror
energy — I'm energetic >< phobia

(will) (activity)

(value judgement) (obedience)

		ADMIRATION — I admire >< disgust	appreciation — I value >< self-pity	fulfillment — my dream came true >< pain	alertness — I observe >< numbness	GLADNESS — I have >< sadness	wholeness — I'm happy >< brokenness	freedom — I'm free from / to >< anxiety	certainty — I'm sure of >< suspicion	COURAGE — I have the courage >< fear	
		teasing — I tease / I'm teased >< inferiority	desire — I want >< antipathy	hopefulness — I'm optimistic about >< apathy	consolation — I take comfort from >< sorrow	relief — I'm relieved >< worry	gentleness — I take care of >< self-hatred	skillfulness — I can >< helplessness	confidence — I can trust >< unbelief	calmness — I'll calm down >< busyness	
jealousy — It belongs to me >< submissiveness		envy — I'm lacking >< shame	temptation — I'm tempted to >< embarrassment	expectation — I wait for >< disappointment	timidity — I'm shy with >< frustration	nearness — I'm close to >< irritation	thankfulness — I'm grateful for >< annoyance	responsibility — I'm responsible for >< guilt	contentment — I'm satisfied with >< demand	safety — I'm safe from >< threat	concentration — I'm concentrating on >< panic
separation — I'm separated from >< dependence		bitterness — I'm left without >< need	defiance — I protest >< humbleness	delay — it is delayed >< belittling	boredom — I'm bored with >< eagerness	relaxation — I'm relaxed >< tension	calling — I'm interested in >< repentance	sympathy — I listen to >< suffering	respect — I'm allowed to be >< disapproval	harmony — I agree with >< conflict	faithfulness — I'm loyal to >< deceitfulness
hysteria — I screamed >< fascination	cruelty — I'm ruthless with >< connection	rage — I'm furious about >< pleasure	HATRED — I'm so angry >< affection	anger — I'm bad-tempered >< acceptance	injustice — I'm wronged >< openness	confusion — I'm puzzled by >< clearness	PEACE forgiveness	clearness — I understand >< confusion	openness — I reveal >< injustice	acceptance — I'm accepted >< anger	AFFECTION — I like >< hatred	pleasure — I enjoy >< rage	connection — I'm connected with >< cruelty	fascination — I'm ecstatic >< hysteria
			conflict — I disagree with >< harmony	disapproval — It's frowned upon >< respect	suffering — he / she suffers from >< sympathy	repentance — I regret >< calling	tension — I'm nervous about >< relaxation	eagerness — I'm exited about >< boredom	belittling — I'm belittled >< delay	humbleness — I adapt myself to >< defiance	need — I need >< bitterness
deceitfulness — I was betrayed >< faithfulness			threat — I'm in danger >< safety	demand — I'm required >< contentment	guilt — I did the wrong thing >< responsibility	annoyance — It's a shame >< thankfulness	irritation — I want to get rid of >< nearness	frustration — I'll quit >< timidity	disappointment — I failed >< expectation	embarrassment — I'm embarrased by >< temptation	shame — I wasn't good enough >< envy
panic — I'm in panic >< concentration			busyness — I'm doing too much >< calmness	unbelief — I don't believe >< confidence	helplessness — I can't >< skillfulness	self-hatred — I hate myself >< gentleness	worry — I'm worried about >< relief	sorrow — I'm grief-stricken >< consolation	apathy — nothing interests me >< hopefulness	antipathy — I dislike >< desire	inferiority — I'm worse than >< teasing
			FEAR — I'm afraid of >< courage	suspicion — I have a hunch >< certainty	anxiety — I'm distressed >< freedom	brokenness — I have a problem >< wholeness	SADNESS — I lost >< gladness	numbness — I'm numb >< alertness	pain — it hurts >< fulfillment	self-pity — I'm a loser >< appreciation	DISGUST — I'm sickened by >< admiration

dependence — I'm dependent on >< separation
submissiveness — I give in >< jealousy

→1) Good relationship
↗ 2) Doing right
↑ 3) Presence of good
↖ 4) Pursuit
←5) Poor relationship
↙ 6) Doing wrong
↑ 7) Absence of good
↘ 8) Giving up

(avoidance) (triviality)

symptoms — I don't feel well >< vitality
stagnation — I was petrified >< liveliness
depression — I'm depressed >< creativity
shock — I'm schocked by >< surprise
alienation — nobody cares about me >< cosiness
fickleness — I can't decide >< decisión
inability — I'm incapable of >< lust
phobia — I'm terrified of >< energy
desertion — I feel rejected >< joy
exhaustion — I'm worn out >< fanaticism

(immobility) (inconsideration)

horror — I'm horrified by >< flow
despair — I'm desperate >< euphoria
emptiness — my life feels empty >< mania

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BY NC ND
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www.emotions.name

*Soli Deo Gloria 25.12.2017

Let the peace of Christ rule in your heart

Col 3:15